



# EMERSON SEMINARS

## Workshops and Trainings

### 2008

BY WILLIAM R. EMERSON, PH.D.

**E**merson Seminars provides experiential workshops and trainings in prenatal and perinatal psychology for professionals and non-professionals. All ES courses are safe, structured, and results-producing. Using revolutionary techniques developed by Dr. Emerson, those attending Emerson courses have the opportunity to identify, explore and heal wounds that negatively impact: relationships, health, spirituality, financial stability, and career success. All workshops are taught by Dr. Emerson unless otherwise indicated.

**E**merson Seminars offers a Practitioner Training program which includes personal process work, instruction, and practical training in *Emerson Shock Resolution Techniques*. A Journey Program is offered for the non-professional who wishes to focus on prenatal and perinatal self-experience as a means to increased personal and spiritual growth.

## WORKSHOPS AND TRAININGS

**JAN 11 SEATTLE WA EVENING LECTURE 7:30PM**

### **THE EFFECTS OF BIRTH ON RELATIONSHIPS**

Bring your spouse, partner, friends and family to this informative and lively public lecture on the ways in which birth affects relationships in negative ways, until informed. Learn to discern if you or your babies and children have birth shock or trauma.

Pre-registration Admission: \$20, Admission at the door \$25

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**JAN 12 SEATTLE WA 9:30AM - 5:30PM**

### **THE EFFECTS OF BIRTH ON RELATIONSHIPS**

In this one day seminar you will learn if you have birth trauma and how birth trauma affects your personal and professional relationships. Dr. Emerson gives participants direct feedback and advice on how to deal with the long term effects of inductions, augmentations (pitocin), anesthesia, analgesia, forceps, vacuum extraction, cesarean surgery, episiotomy, birth complications, and other birth-related issues. Take this opportunity to enhance the quality of your relationships by gaining understanding of this subtle but powerful life dynamic.

Pre-registration Admission: \$155, Admission at the door \$215

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**JAN 13 SEATTLE WA 1:00PM - 5:00PM**

### **EMERSON BIRTH GAMES - A CHILDREN'S WORKSHOP**

Unique and fun birth games are used to evaluate and treat birth shock and trauma. Parents will learn practical ways to integrate Dr. Emerson's approaches into daily life. (10 minimum/16 maximum participants)

**Pre-registration Required: \$90**

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

#### **SCHEDULE KEY**

Numbers in parentheses with a slash indicate the minimum and maximum class size. e.g: (10 minimum/24 maximum participants). Courses are cancelled or re-scheduled if the minimum number of participants is not met.

Courses with an asterisk (\*) are required for Emerson Seminars certification, and are open to the public.

All courses are facilitated by Dr. Emerson and a co-leader, unless otherwise noted.

Tuition includes meals and lodging only when course is listed as a residential.

See back page for registration information or view online: [www.emersonbirthrx.com](http://www.emersonbirthrx.com)

**FEB (EVE) 22-24 AUSTIN TX APPPAH REGIONAL WORKSHOP  
TREATMENT OF PRENATAL AND PERINATAL SHOCK AND TRAUMA**

In this two day workshop, participants are shown several ways birth trauma can be evaluated by professionals and non-professionals. The workshop features the revolutionary and pioneering approaches of William Emerson for preventing and treating birth trauma, applicable to infants, children, and adults, and integrating the unique approaches of Carrie Conte's Early Parenting process.

Tuition: \$325 (Proceeds benefit APPPAH)

To register contact: Carrie Conte [carrie@earlyparenting.com](mailto:carrie@earlyparenting.com)

**MAR 14-17 SEATTLE WA TWO YEAR CERTIFICATION PROGRAM  
WORKING WITH BABIES AND CHILDREN MODULE 1**

Risk assessment, diagnosis, and treatment will be taught, as well as Emerson Birth Stages and related cranial dynamics. Babies, children and their families are incorporated into the learning process. See program description at right. (10 minimum/16 maximum participants)

Tuition: \$900

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**APRIL 4-6 SEATTLE WA**

**\*THE RELATIONAL SHOCK CLEARING PROCESS: A TRAINING  
OPEN TO THE PUBLIC**

Facilitator: Arrow De Groot

In this experiential training, participants learn to clear and heal shock using the RSCP, an exciting and powerful process developed by De Groot and Emerson. Participants clear relational shocks that occur in their own lives, and receive consultation and feedback on their use of the RSCP.

\*Required course for ES Level I Certification

Tuition: \$450 (10 minimum/12 maximum participants)

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**WORKING WITH  
BABIES AND  
CHILDREN  
TWO YEAR  
CERTIFICATION**

Whether you work with babies, children or adults, this certification program dramatically increases your skills in assessing and treating prenatal and perinatal wounding.

Modules I and II cover Emerson's copyrighted techniques for infants, children, and adults, and include cranial dynamics and approaches.

**Seattle WA**

**Module 1, Mar 14-17**

**Module 2, Oct 17-20**

**JUNE 2 (EVE) - 4 TUBAC AZ  
POCKET SANCTUARY RESIDENTIAL  
PERINATAL SHOCK TRAINING  
ES TRAINEES ONLY**

These 2+ days involve training in the treatment of perinatal shock. Staff in training (SIT) do in depth perinatal process work as clients for demonstration sessions. Non-staff trainees gain valuable insights into their own perinatal wounding as well as learn advanced techniques not covered in workshops. All trainees participate in video reviews, instructional sessions, and session debriefs.

(10 minimum/12 maximum participants)

Level I & II credits.

Tuition: SIT \$865 (includes meals & lodging)

Trainees \$765 (includes meals & lodging)

**JUNE 5 (EVE) - 9 TUBAC AZ  
POCKET SANCTUARY RESIDENTIAL  
PERINATAL SHOCK TREATMENT  
OPEN TO THE PUBLIC**

Participants explore their perinatal wounding and uncover unhealthy belief systems and behaviors that impact quality of life. Modalities include Emerson Egressions©, Emerson PPN Sand Tray©, Emerson Energy Field Exercises©, Emerson Spirit Pulsation©, art therapy, writing therapy, and meditation. Open to the public.

(10 min/12 max participants) Level I & II credits.

Tuition: \$1270 (includes meals & lodging)

**To register for these courses contact:  
Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178**

**RELATIONAL  
SHOCK  
CLEARING  
PROCESS**

In these experiential trainings, participants learn to clear and heal shock using the RSCP, an exciting and powerful process developed by De Groot and Emerson. Participants clear relational shocks that occur in their own lives, and receive consultation and feedback on their use of the RSCP.

**April 4-6  
Seattle WA**

**July 29-30  
San Francisco  
Bay Area CA**

**MAY 23-25 NEW ORLEANS LA**

**HEALING THE WOUNDS OF SOUL AND SPIRIT**

Pre- and perinatal shock causes major obstructions and distortions for the human spirit and soul, and is the source of spirit and soul wounding. Participants will be led on journeys to reveal and resolve shock, allowing re-emergence of spirit and soul.

Tuition: \$385 (10 minimum/24 maximum participants)

To register contact: Patricia Dunbar [journey@sstar.com](mailto:journey@sstar.com) 504-398-4787

**JULY 29-30 SAN FRANCISCO BAY AREA CA**

**\*THE RELATIONAL SHOCK CLEARING PROCESS: A TRAINING**

**OPEN TO THE PUBLIC**

Facilitator: Arrow De Groot

See course description at left. \*Required course for ES Level I Certification

Tuition: \$450 (8 minimum/10 maximum participants)

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**JULY 31(EVE) - AUG 6 MILL VALLEY CA RALSTON WHITE RESIDENTIAL**

**HEALING THE WOUNDS OF SPIRIT AND SOUL**

In this residential, participants learn about the effects of unresolved shock on spirituality and the human condition. They regress and explore pre- and perinatal wounding and discover multiple impacts and healing approaches. Techniques and modalities pioneered by Dr. Emerson are used. (16 min participants/24 max)

Tuition: \$1905 (includes meals and lodging)

To register contact Zahira Rabinowitz: [emersontraining@comcast.net](mailto:emersontraining@comcast.net) 707-763-7024

**AUG 17-SEPT 18 EUROPE**

**SEPT 25-27 NELSON, BC, CANADA**

**APPPAH REGIONAL CONFERENCE: SCIENCE MEETS THE HEART**

Dr. Emerson leads a one day workshop entitled "Resolving Infant Birth Trauma", documenting frequency of trauma and describing ways that doulas, parents, and midwives can prevent and treat infant birth trauma. APPPAH and Success by Six cosponsor this conference.

To register contact: [childrenfirst@thekoop.ca](mailto:childrenfirst@thekoop.ca)

**OCT 17-20 SEATTLE WA TWO YEAR CERTIFICATION PROGRAM**

**WORKING WITH BABIES AND CHILDREN MODULE II**

In Module II, diagnostic and treatment methods will be explored in more depth, using Emerson Birth Stages I & II dynamics, as well as intuitive and biodynamic approaches. Babies, children, and families are incorporated into the learning process. See program description page 2 sidebar.

Tuition: \$900

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**OCT 31-NOV 2 NEW ORLEANS LA**

**HEALING THE SHOCK MIND**

The mind is the greatest ally and worst enemy. It enables our lives but disconnects us from the true self. This workshop heals mind shock, allowing access to spirit and soul, and transforming life from outer- to inner-guidance, and from doing to being. (10 minimum/24 maximum participants)

Tuition: \$385

To register contact: Patricia Dunbar [journey@sstar.com](mailto:journey@sstar.com) 504-398-4787

**DEC 1 (EVE) -3 TUBAC AZ POCKET SANCTUARY RESIDENTIAL  
EMBODIMENT SHOCK TRAINING - ES TRAINEES ONLY**

Embodiment shock is a nearly universal wound. These 2+ days provide training in the treatment of embodiment shock. Staff in training (SIT) do in depth embodiment shock process work as clients for demonstration sessions. Non-staff trainees gain valuable insights into their own embodiment wounding as well as learn advanced techniques not covered in workshops. All trainees participate in video reviews, instructional sessions, and session debriefs. (10 minimum/12 maximum participants)

Tuition: SIT: \$865 (includes meals & lodging)

Trainees: \$765 (includes meals & lodging)

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

**DEC 4 (EVE) -9 TUBAC AZ POCKET SANCTUARY RESIDENTIAL  
EMBODIMENT SHOCK TREATMENT - OPEN TO PUBLIC**

Embodiment shock is a nearly universal wound, and has lifelong impacts on body, mind, spirit, and soul. Participants regress and egress to embodiment and related stages, and have opportunities to integrate powerful life changes. Emerson PPN Egressions®, Spirit Pulsations®, Energetic Field Exercises®, and PPN Sand Tray Therapy® will support and enable healing. (16 minimum/24 maximum participants)

Tuition: \$1550 (includes meals & lodging)

To register contact Jules Steffen: [j.steffen@comcast.net](mailto:j.steffen@comcast.net) 206-473-7178

### How to Register

To register, check [www.emersonbirthrx.com](http://www.emersonbirthrx.com) for information and forms. For additional information contact the appropriate Emerson Seminars coordinator. Visit [www.emersonbirthrx.com](http://www.emersonbirthrx.com) for complete course descriptions. Dates, locations, and tuitions are subject to last minute changes (very rarely necessary). Cancellation Policy: for cancellations more than 30 days prior to event, deposits are fully refunded less a \$75 processing fee; within 30 days of event deposits are non-refundable except for emergencies.

#### EMERSON SEMINARS ENROLLMENT COORDINATORS:

Arizona, New York, Washington - Jules Steffen: <a href="mailto:j.steffen@comcast.net">j.steffen@comcast.net</a>	206 473 7178
California - Zahira Rabinowitz: <a href="mailto:emersontraining@comcast.net">emersontraining@comcast.net</a>	707 763 7024
Louisiana - Patricia Dunbar: <a href="mailto:journey@sstar.com">journey@sstar.com</a>	504 398 4787
Europe - Dr. Barbara Schmid: <a href="mailto:barblaschmid@bluewin.ch">barblaschmid@bluewin.ch</a>	011 41 7952 386 3146
Mexico - Dr. Elia Barnetche de Macqueo: <a href="mailto:eliabarnetche@ixp.net">eliabarnetche@ixp.net</a>	011 52 555 413 6324

**Emerson Seminars**  
4940 Bodega Avenue  
Petaluma, CA 94952

**Address Correction Requested**

To:

Inside: 2008 Emerson Seminars Schedule of Workshops and Trainings

[www.emersonbirthrx.com](http://www.emersonbirthrx.com)